

**Miller Family Dentistry
Christopher Scott Miller DDS**

Post-Periodontal Therapy Recommendations

If periodontal therapy is not completed or is discontinued, your periodontal condition will continue and probably worsen. This could lead to further inflammation and infection of gum tissues, tooth decay above and below the gumline, deterioration of bone surrounding the teeth, and eventually the loss of teeth.

The success of periodontal therapy depends in part on your efforts to follow homecare instructions, maintain regular recare (cleaning) appointments as directed, avoid tobacco products, and follow other recommendations made by the hygienist and dentist.

Our joint effort is needed to accomplish optimum oral health.

What do we need from YOU, the patient, to make this treatment a success?

- **Completion of the prescribed periodontal therapy**
- **Thoroughly cleaning all tooth surfaces two times per day as instructed by the hygienist**
- **Consistent daily use of the Waterpik**
- **Maintenance of regular recare visits on a 3 to 4 month basis**

Important Note:

Non-completion of periodontal treatment, or failure to maintain regular recare appointments once therapy is completed, can cause partial or complete failure of treatment. A lapse of time in therapy or recare could cause the need to repeat treatment which may not be covered by insurance.

Treatment without maintenance has little value in achieving long term results. Please protect your investment by taking an active part in your periodontal therapy and maintenance.